



Framfare



ISSUE No.226 THE FRAMLINGHAM NEWS

Nov/Dec 2024

COMING UP THIS WINTER

2024 CHRISTMAS TREE FESTIVAL SAT 7th DECEMBER

Opens at 10am in St Michael's Church. A church full of Christmas Trees decorated by local voluntary groups and organisations.

10am - lights turned on and scrummy cakes and Fairtrade beverages served. with a wide variety of stalls. - Tombola. Raffle

11am Pop Chorus

12 noon - 2pm - hot soup and rolls from the Framlingham Guides.

The trees will be on display until 4pm on Jan 1st. Free entry daily 10am to 4pm - donations gratefully received to go towards maintenance of the town's Grade 1 listed church.

A winter concert of beautiful music

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DOUBLE STREET ADVENT CALENDAR WINDOWS see page 7 for more details

Saturday 23rd November
SAXTEAD CHRISTMAS FAIR
All Saints Church, Saxtead
10am - 3pm
Bring your own table [@ £10]
All sales money your own
Sandwiches, Frittatas, & mince pies..



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MORE FRAMLINGHAM FESTIVITIES NEWS INSIDE

Lunacy!

I sometimes cringe at the new crop of weather men/women who appear on TV nowadays. One of my pet hates is when they tell us the name of the up coming full moon. As with most things now, this country has assimilated many words and phrases from our colonial cousins over the Atlantic and apparently Full Moon names have not escaped this process. These new meteorologists quote, names like Buck moon, Beaver Moon and Sturgeon moon, these names clearly are North American.

To try and stop this nonsense here is a list of Full Moon names from an English almanac dating from the 17th Century. Some of these names can be traced back to the Anglo-Saxons.

January- Moon after Yule	February- Wolf Moon
March- Lenten Moon	April- Egg Moon
May- Milk Moon	June- Flower Moon
July- Hay Moon	August- Grain Moon
September- Fruit Moon	October- Harvest Moon
November- Hunter's Moon	December- Moon before Yule

And another thing! When did a ground frost become a grass frost?

Oh to go back to the days of the legend Michael Hunt on About Anglia with his bow-ties and handlebar moustache. As kids we would titter at the lady presenter when she introduced Mr. Hunt by his shortened first name!

With cooler days coming, try this warming soup.

Butternut squash soup

Ingredients

1 Butternut squash, about 1kg, peeled and de-seeded
2 tbsp olive oil 1 tbsp butter 2 onions, diced
1 garlic clove, thinly sliced
2 mild red chillies, de-seeded and finely chopped
850ml hot vegetable stock
4 tbsp crème fraiche, plus more to serve.

Method

Heat oven to 200C/180Cfan.

Cut the squash into large cubes, about 4cm across, then toss in a large roasting tin with 1 tbsp of the olive oil.

Roast for 30mins, turning once during cooking, until golden and soft.

While the squash cooks, melt the butter with the remaining 1 tbsp of olive oil in a large saucepan, then add the onions, garlic clove and three-quarters of the chillies.

Cover and cook on a very low heat for 15-20 mins until the onions are completely soft.

Tip the butternut into the pan, add the stock and crème fraiche, then whizz with a stick blender until smooth.

Gently reheat the pan, then season to taste.

Serve in bowls with swirls of crème fraiche and a scattering of the remaining chilli.

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FRAMLINGHAM 100 YEARS AGO

As seen through the eyes of the Framlingham Weekly News

Saturday November 8th 1924

FRAMLINGHAM

Next Tuesday is the anniversary of Armistice Day. There will be the usual 2 minutes silence at 11am and at 7.30 pm a United service of all denominations in St Michael's Church. The sermon is to be preached by the Archdeacon of Suffolk. The Town Band will accompany the hymns and the Territorials, Guides, Boy Scouts etc will be present.

AT THE COURTHOUSE on Saturday

Thomas Herbert Plant of Dennington was charged with failing to comply with an order to clean out a water course which was offensive and dangerous to health. The Bench made an order to abate the nuisance in 14 days and to pay 10s costs.

At the Children's Court an 11 year old Great Glemham boy was found guilty of stealing 3s from a teacher at the school. The evidence was taken in camera and the boy discharged under the First Offenders Act.

CONCERT BY GIRL GUIDES AT FRAMLINGHAM

A very enjoyable variety entertainment was held at The Assembly Hall on Wednesday evening by Framlingham Girl Guides and their assistant Brownies.

Songs and dances, colourful costumes, playlets and sketches with Shakespearian heroines as 'Living Statuary'. The difficult task to keep absolutely stiff and immovable for so long being in some cases perfectly accomplished.

The entertainments concluded with a Guide Ceremonial and the National Anthem.

Saturday 15th November 1924

FRAMLINGHAM

A smoking concert will be held in The Assembly Hall next Friday for members of the Conservative Club and their Conservative friends. to celebrate the success of Lord Huntingfield being returned as MP for the Eye Division..

ARMISTICE ANNIVERSARY IN FRAMLINGHAM

The 2 minute silence was held at 11am, and a short service was held in St Michael's Church and the United Methodist Church. The evening service in St Michael's was well attended and the Non-Conformists and Unitarians were both represented by their ministers. The sermon was reprinted in full.

Saturday 22nd November 2024

FRAMLINGHAM GIRLS SCHOOL ANNUAL CONCERT

The play by the Hitcham's Girls in the Assembly Hall next Friday will attempt to re-create village life in England during the closing years of the middle ages.

THE RIFLE CLUB held their annual Whist Drive in the Assembly Hall with 31 tables, followed by an hour's dancing.

ORIGINAL WINDOW DISPLAY

Early Thursday morning passers-by along the Station Road shops beheld an amusing sight after a young terrier had been locked in all night and had the time of his life. Pats of butter with paw prints and pieces of toffee in varying stages of dilapidation littered the floor.

The EAST SUFFOLK GARDENING column was still being printed regularly.



TOOK A PEEP AT LIFE AND LEFT

The inquest into the death of a newborn infant of Christopher John Rivers, a hawker of Framlingham returned a verdict of accidental death. Dr Vinter attended the birth on Wednesday and all was well but when he called Thursday the baby was dead from asphyxiation having been overlaid. The Coroner suggested that at confinement the parents should be persuaded to have a separate cot. He did realise the difficulty of keeping new born babies warm.

Note from the Editor - I have been asked where the 100 years ago info has been sourced. Nearly all the issues have been digitalised and can be seen on the British Newspaper Archive website. There is an annual subscription payable - about £80. Ed



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FRAMLINGHAM 100 YEARS AGO

FRAMLINGHAM WEEKLY NEWS Sat 29th -1924

The column 'The Woman in London has now reappeared. The Territorials continue to parade regularly in the Assembly Hall, all recruits summoned at 7.15pm sharp on Tuesday.

LORD HUNTINGFIELD'S GREAT RECEPTION

At the Assembly Hall on Friday to celebrate Lord H's return to parliament. On arriving at Haynings Corner he was met by the Town Band and a company of Torch Bearers to lead the way to The Assembly Hall. A vast amount of column inches was devoted with his lengthy speech printed verbatim.

Saturday 6th December 1924

FRAMLINGHAM TOWN BAND at The Assembly Hall- a whist drive and dance to raise funds. There were 31 tables followed y dancing until 2am!

MUSICAL CHIMES

The total cost of £50 has been raised and the work completed. The tune currently being played is 'God Rest ye Merry Gentleman' which seems to be perfectly rendered. It is intended to change the tune from time to time.

However complaints began to be aired that the tune was not changed often enough out of the selection of 8. It involved going up to the clock chamber where the apparatus was and manually changing the tune.

At some point the apparatus was allowed to fall into disrepair again and although it is still in situ, it now remains silent.

ENTERTAINMENT BY HITCHAM SCHOLARS

The girls of Hitcham Elementary Schools gave an entertainment in the Assembly Hall on Friday which was a huge success from all points of view.

TWELVE GUINEA ROYALTY to stage 'Eliza Comes To Stay'.

Tickets are selling like hot cakes and people have booked blocks of seats by post from as far afield as Ipswich, Peasenhall, Ashfield, Debenham, Hacheston and Wickham Market.

Interesting that these places were considered 'far afield' in those days. Ed

Saturday Dec 13th 1924

SAXTEAD NEWS

Mrs Davey, an aged and much respected resident was knocked down by one of a party of cyclists near the chapel, sustaining a dislocated hip.

It is some time since the village chapel has been used for services. It is felt it's a pity such a useful building should remain idle. At a public meeting held on Monday evening it was unanimously decided to convert it into a parish room.

CHRISTMAS SHOPPING IN FRAMLINGHAM

Why spend penny away from home? All businesses have made lavish preparations for the Christmas trade. The rapidity with which wireless has come to the fore has been a marked feature of 1924. Several tradesmen have every facility for the speedy installation of this wonderful invention at prices within the reach of most of us.

Townspeople! Be loyal to the local traders by spending every penny with them.

The issue for Saturday 20th December is missing from the archive.



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Saturday 27th December 1924

FRAMLINGHAM

The oldest of the town's 3 slate clubs, with an HQ at Crown & Anchor will hold their AGM on Friday 2nd January at 7.30pm when the first payout will take place. Their expenses are negligible and has almost 200 members.

ENLARGEMENT OF FRAMLINGHAM WEEKLY NEWS - FOUR PAGES IN THE FUTURE

From next week the Framlingham Weekly News will be 4 pages as it was in pre-war days.

On Friday evening last the girls of Hitcham's schools held their annual Christmas breaking-up party. They assembled at 4.30 around laden tables. Following tea there were games and dances.

Much space was taken up with a report of the Easton Harriers chasing hares about the countryside, which will not be repeated as lack of interest to the modern reader. Ed

Events elsewhere:- Nov 2nd-The Sunday Express is the first newspaper to publish a crossword.

On Nov 4th Stanley Baldwin returns as Prime Minister for the 2nd time after the election defeat of the Labour party

On Nov 22nd Britain orders the Egyptians out o Sudan

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**The deadline for the Jan/Feb 2025 issue is Monday December 9th.
It gets printed before Christmas and is distributed by the New Year.**



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The Poppy Campaign this year runs from Thursday 24th October to Monday 11th November. We would like to take this opportunity to ask you for your continued service, dedication and commitment to the RBL Poppy Appeal. We will have started with a Draw on 26th October in the Co-op foyer.

Selling of Poppy Items

This year House to House collections will be limited due to limited number of collectors; so we will have a stall on the Market Hill outside The Crown Hotel and also at the back entrance of the Co-op on Saturdays the 2nd & 9th November for the sale of poppy items and collecting donations. Contactless machines will be at both areas. Also this year our Gazebo will be on the Market on Sat 2nd Nov and selling cakes and having a game or two.

The Garden of Remembrance will be sited in front of the /Cenotaph/War Memorial in the church grounds as normal. Wooden crosses will be in the church porch along with envelopes for you to place your donations in and then put in the church wall safe please.

Remembrance Sunday 10th November

Parade & Service

10.15/20am - Meet in New Road

10.30am Parade Marshall Eddie Cooper will assemble the parade.

10.40am - Parade leaves New Road and marches through the town via Bridge St., Market Hill, Church St. and into the churchyard.

10.50am - Parade assembles in the churchyard around the war memorial.

The names are read followed by the laying of wreaths in order of protocol.

Act of Remembrance by Older/Younger person

All affirm:- We will remember them. The Last Post is sounded 11am - 2 minutes silence.

Reveille is played

All proceed into the Church for the service; Standard Bearers; Town Council; Veterans parading and youth groups to go in first.

After the service the Parade is re-assembled in the Churchyard and marches down to Market Hill. Speeches of thanks are given prior to dismissal.


Monday 11th November

2 Minute Silence by the Cenotaph/War Memorial in the church grounds at 11am.

The Framlingham RBL standard will be present.

Town Cllr Tim Higham will play the bugle.

All are invited to join us to come and mark their respect.



If anyone is able to help with the poppy collection rounds or are interested in finding out more information or can help, please contact Sally Nobbs on 01728 638847

Meetings & Upcoming Annual General Meeting

The AGM - Wed 4th Dec at The Crown Hotel @ 7pm - all welcome.

We will have a RBL decorated Christmas Tree once again in St Michael's Church, please go along and see all the wonderful trees.

We wish to thank everyone who continues to support the Branch and the Poppy Appeal.

If you are interested in joining the Royal British Legion or in changing Branches if already a member, click on to www.britishlegion.org.uk/membership and follow the simple step-by-step instructions, or call 0800 307 7773 [7 days a week 8am - 8pm] - remember to ask to be attached to the Framlingham Branch.

If you are aware of any Veterans and their families who may benefit from some support, a chat or a visit, please contact Paul Grant Framlingham.BCS@RBL.Community or Karen Verow-Thomson on 07850011872 or framlingham.secretary@rbl.community

The Framlingham Branch have a Notice Board on the Clarke & Simpson wall opposite the 221b Bakery Shop for posters of RBL events.



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FESTIVE EVENTS

CHRISTMAS ON THE HILL

Saturday Festive Fun! November 23rd

<p>10am - 4.00pm Fram Castle open all day FREE entrance for Fram residents <small>(with address ID)</small> A great chance to see the Castle exhibits and the Lanman Museum, a children's Xmas display and festive refreshments. Santa will be making his Grand Arrival at 2pm on the Wall Walk.</p> <p>Christmas Raffle In aid of Framlingham Scouts & Guides new hall fundraising appeal Over 20 prizes kindly donated by Framlingham Businesses</p>	<p>2.30pm - 5.30pm Music & Activities - Market Hill Santa's Grotto, Story telling and Santa's Reindeer Trail Festive Music</p> <p>From 4.00pm Christmas Tree "Lighting Up" Lantern Gathering in the market Carol Singing Ending with the Raffle Draw</p>
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Framlingham Town Council

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DOUBLE STREET ADVENT CALENDAR DECORATED WINDOWS

We are pleased to announce that Double Street residents are decorating their windows again this year. Charities have yet to be chosen but will be advertised on our posters.

Please remember that no expenses are taken by participants for costs incurred. Further, one of our residents not only designs the posters free of charge but also covers the cost of printing, so you can rest assured that any money donated goes to the charities being supported.

We hope you will come and see the Windows and donate generously to our chosen charities; and please help advertise the event by telling others about it. A lot of time goes into making the displays - the more visitors we have the more worthwhile the effort.

Double Street Residents.



CHRISTMAS FAYRE
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Phoenix singers



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in English

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FRAMLINGHAM HORTICULTURAL SOCIETY NEWS

At the Annual General Meeting in October the various positions such as Chairman, Secretary, Show Secretary, President and Treasurer were filled without too much difficulty plus some more committee members.

The reports of the year were encouraging, with 87 paid up members including a number of new members. It was agreed to keep the annual subscription at a very modest £5.

The United Free Church Hall was unavailable all year due to the result of the floods the previous October; so the 3 shows were held in The Railway Inn - with many thanks to the landlady who very kindly accommodated us.

Next year we will be back in the United Free Church Hall for our shows and meetings.

This was followed by the presentation of cups from the fairly staggering collection of shiny trophies. Some of these date from the time in the last century when the Society was known as the Framlingham & District Produce Association.

Members were issued with a programme and membership card for 2025 giving details of the winter and early spring talks, and the 3 shows. The Plant Sale will not be staged this year.



The talks, free entry for members, will include topics such as *Gardener's Question Time*, *Thompson & Morgan on new plants for 2025*; and *Saving & Restoring Nature every day with RSPB*.

Just a reminder that if you wave your Membership card in Ernest Doe's emporium you will get 10% off your purchases!

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TUESDAY GARDENERS

With the evenings getting darker we now meet at 2pm every 2/3 weeks. We were pleased to be awarded a grant from Framlingham Town Council to cover the cost of plants for the winter season and we are in the process of replanting the tubs and roundels on Market Hill. If anyone would like to join us you would be made very welcome - there is no need to commit to every session.

Any enquiries to 01728 723759

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Framlingham Brownies

Seven Rainbows joined us this term where we have been concentrating on the Know Myself skills builders and unit activities.

They have built the ultimate Brownie Town making sure something for everyone was included. On another evening they had to come up with important places in the local area such as school, swimming pool, doctor's etc. We then boarded the Brownie bus to visit them and name one thing that happened there.

We had great fun blowing bubbles within bubbles to see who could create the most - it is tricky to do but everyone managed in the end.

Flags were made which reflected what made them unique. It could include where they were from, any activities they enjoyed or the pets they had.

After half term we will be making lanterns and decorations for our tree at the church as well as creating some Christmas crafts to take home

1st Framlingham Brownies meet on Tuesdays between 5-6.30pm in the Scout & Guide HQ and we currently have space available. If you would like to find out more, email 1stframlinghambrownies@gmail.com or go to www.girlguiding.org.uk to register your interest.

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Framlingham Rainbows

This term we welcomed 10 new Rainbows to our group so we are learning all about each other; the things we like and dislike, how we are the same and how we differ. We are finding out about the things that are important to us, our values and making choices.

An evening on the Pageant Field was spent studying the trees, and making simple tracking signs. We've been identifying natural objects by touch and helped use up a glut of apples by practising our peeling and making apple crumbles to take home.

In Fairtrade Fortnight we learnt about the Fairtrade goods available in our shops.

Working on our 1st Aid badge we have found out about germs, what to put in a 1st Aid Kit and how to treat bites and stings and cuts and grazes.

Painting poppy fields and hearing about the women who served in the ATS are how we thought about Remembrance Day this year.

Claire Norman
Framlingham Rainbows



Framlingham Guides

During the summer Framlingham Guides had a very successful five night camp at Keswick Campsite just outside Norwich.

With the new term we are delighted to welcome several new Guides to both the Monday and Tuesday night groups. So far this term the Guides have attended a "Take Over Day" at Pleasurewood Hills where girls from all across the region and all sections of Girlguiding had exclusive use of Pleasurewood Hills for the day.

The weather was very kind and an enjoyable day was had by all.

The previous weekend the Guides joined with Guides and Scouts from Suffolk at Thorpeness Meare for a day of fun on the water trying out lots of different activities.

Several Guides worked hard over the summer and completed interest badges which, for some, have meant they have completed Bronze Guide Awards and are well on their way to achieving their Silver Award.

After half term activities will start to focus on Christmas activities and supporting the Remembrance and Christmas events organised by the town. In order to continue providing the girls with opportunities to create wonderful memories, we would be delighted to welcome more adult help to our team. If interested, please contact Sally at framguides@outlook.com. We still have places available for girls 10 + to join our units which run on Monday or Tuesday evenings, again please contact Sally for further information.

Framlingham Medical Practice

Update as at October 2024

Welcome

We would like to welcome to the practice.

Rebecca Dispensary Lead

Sophie Dispensary Prescription Clerk

Sarah Care Navigator

Hannah Care Navigator

Goodbye

We have wished a sad farewell to Geoff - Paramedic

The Partners and staff would like to wish Geoff all the best for the future.

Trainees

We would like to congratulate:

Rachel H who will start her Dispenser Apprenticeship during October 2024

Patient Participation Group (PPG)

NHS App

The practice PPG group are in the process of promoting the NHS App. They will be holding support clinics in the waiting room through October 2024. They have been trained to help you apply the App to your mobile phones and will show you the benefits including viewing your medical records, test results and ordering your repeat prescriptions.

Patient Communication Questionnaire

The practice in conjunction with the PPG are looking to improve communication between the surgery and patients. A survey has been developed which you can either access via the QR code or complete a questionnaire at reception. Questionnaires will also be available from the PPG whilst they are promoting the NHS App. We would appreciate as many responses as possible.

Earl Soham Dispensary

We have worked hard to replace dispensary staff. Earl Soham Dispensary will stay closed for another month. We have now employed new staff and are also training new dispensers.

We are very sorry for the inconvenience.

Framlingham dispensary opening hours are:

Monday to Friday 8.00am to 6.30pm (closed at lunchtime 1.00-2.00pm)

Framlingham dispensary tel: 01728 723627 option 2 for queries only, (no repeat prescription requests cannot be taken)

Lines are open 10.00am -12.00 noon and 2.00pm-4.00pm

POLITE NOTICE - Parking in Pembroke Road

Please can patients who park in Pembroke Road whilst visiting the practice remember to park considerately and not over the resident's driveways. Thank you

Medical Students

Our Medical Students from the University of East Anglia join the practice on 6th November 2024. You will be offered an appointment with the students and a GP.

Flu and Covid Vaccinations

Framlingham Medical Practice are now delivering Flu and Covid vaccinations to all that are eligible. If you believe you are eligible please contact the surgery.

GP Training afternoons

In order for our GP's to stay clinically current and up to date the Integrated Care Board (ICB) provides a training afternoon a month. The next training date is **Wednesday 13th November 2024.**

There will be no doctors or nurses on site from 1pm. The practice will be open for dispensary and face to face reception requests.

Research

The Practice has now been approved to undertake research projects. We now have our first research project underway. If you do not want to be contacted to take part in any research projects please let the practice know.





Framlingham Fellowship news

For our August meeting we welcomed Will from Majestic Hare who was able to tell us a little about our items we had brought along. Will was able to let us know how much they may be worth if we decided to sell them. A very informative afternoon our thanks to Will and we will be popping into his shop at Bridge House, Bridge Street, Framlingham.

Our September meeting included Jemma Wood, Head of Volunteering and Ambassador at St Elizabeth Hospice talking about St Elizabeth Hospice, its services both in the community and within the Ipswich and Gt Yarmouth & Waveney sites. We were amazed at the services they provide in the community and at the hospice. The coffee shops are certainly proving popular, fundraising plays a very important part in the running of these hospices. Our thanks to Jemma and hope all the fundraising events planned are very successful.

The November meeting on Thursday 21st November will include a demonstration from Sheila at Callender's Florist and our Thursday 16th January 2025 meeting we welcome Imogen Hayward and Chair Yoga.

Our meetings are open to all, include refreshments and we look forward to seeing new faces in 2024/2025, meetings on a Thursday start at 2.30pm, at The Crown Hotel. For further information please email Framlingham-suffolk@sja.org.uk.

Our very grateful thanks to Gabriela at The Crown Hotel for providing us with such a lovely venue for 2024 and 2025 for our monthly meetings.

Framlingham Fellowship would like to take this opportunity to thank everyone for their support over the last year and wish you a very Merry Christmas and a Happy New Year



News from Framlingham and Saxmundham Cats Protection

Finding homes for cats during recent months has proved

challenging, with a significant decrease in enquiries leading to many cats, especially the black ones, in our care for longer than usual. Despite the playful and loving nature of every kitten, black cats are often overlooked in adoption preferences, as prospective adopters gravitate towards ginger, tortie, tabby, or black-and-white cats.

We urge anyone considering a feline companion to look beyond fur colour and recognize the unique, charming personalities each cat has to offer!

Help needed: For 18 months, Bex Patch has been the *Community Engagement Officer* for our branch. She has undertaken the trapping and neutering of feral and domestic cats, either returning them to site or re-homing. She has dealt with poultry processing plants, multi-cat households and domestic colonies. When her time with us ends, we would like to continue tackling the problems but will need more volunteers. If you feel you would like to help, do please, let us know. We are looking for those who would like to be 'hands on' with trapping and those who would be willing to hold a trap and loan it out to the general public as and when required. Training and advice will be given. Please contact us to find out more

Dates for your diary: See all events on our website:

<https://www.cats.org.uk/framandsax#events-all>

Saturday, 9 November 2024 Fram & Sax Cats Protection Christmas Fair, Reydon Village Hall 10am to 2pm

Saturday, 23 November 2024 Fram Sax Cats Protection Christmas Fair & Social Event, Saxmundham Market Hall 10am to 12pm

Cat Looking for a Home: - **JAFFY**. She and her 4 siblings Oreo, Cookie, Choco and Florentine, are now waiting for their new start in life. They are all cheeky, playful and full of fun and are looking for loving homes where they can explore outside in



safety away from busy roads. If you can offer them or any of the other cats and kittens in our care the home they crave, please let us know.

Annabel Leggett
Counselling

Bsc Hons. MBACP

Face to Face and On Line

T: 07866 522124

E: annabelcounselling@outlook.com

W: www.annabelleggett-counselling.com





Framlingham Town Council NEWS



Missing out on what the Town Council is up to? Subscribe to our monthly newsletter and get all the news by email. It's the easiest way of being informed of our work on a regular basis, and it's free!

Sign up to the email newsletter at: www.framlingham.com

THANK YOU FOR HELPING FRAMLINGHAM BLOOM

We'd like to thank the residents and businesses in the town who helped to make it look lovely with their floral displays this year.

From hanging baskets and flower beds in people's gardens to tubs and window boxes outside shops. Each contribution helps to brighten our streets and create a welcoming environment for everyone.



Thank you also to retailers who have tended our communal tubs over the summer; your efforts are much appreciated.

The Town Council has donated £250 to the 'Tuesday Gardeners' club - a band of willing volunteers who have been maintaining some of the communal areas in the town.

We look forward to seeing the results of their winter planting scheme soon.



Framlingham Town Council

Could you be a Town Councillor?

MAKE A CHANGE....
VOLUNTEER FOR THE GOOD
OF OUR TOWN

The main requirements for being a Councillor are:

- You are over 18 and live or work in the town, or within 5km of the town
- You are able to commit to three evening meetings a month.
- You are committed and want to help make a difference to our lovely town

If you would like to find out more or would be interested in applying, please pop in for a chat or email Lydia on dtc@framlingham.com - we'd love to hear from you.

Town Council Offices 10c Church Street Framlingham



ELECTION - Following our election in October, we were pleased to welcome Tony Hammond as a Town Councillor. Tony is keen to get involved and has already stepped up as the Chair of our Communications and Events Committee.

We will be having another election on 1st November, and again in December if our remaining 4 seats are not filled. If you would like to know more about standing as a Town Councillor please contact our office and we will be pleased to answer any questions you may have.

REMEMBRANCE COMMEMORATIONS

See the Royal British Legion page 6 for details of Remembrance Sunday and the Poppy Appeal.

On Sunday 10th November East Suffolk Council will be offering free parking in its car parks in Fore Street and the Market Hill from 8am - 1pm.

The roads along which the Parade will make its way to the churchyard, [Bridge Street/ Market Hill/Church Street] will be temporarily closed from 10.30 for about 30 minutes to ensure the safety of everyone involved.. We appreciate your patience and understanding during this time.

Following speeches and dismissal of the parade on Market Hill all are invited into The Crown for hot drinks and a chance to gather together as a community.



ARE YOU WINTER READY?

As winter approaches, it's a good time to ensure you are winter-ready. Here are some steps you might take:-

Trim hedges along pathways: If your property borders a pavement or path please make sure your hedges are trimmed. This helps keep public walkways safe and accessible during the winter months when visibility may be reduced and paths become more slippery.

Understand Riparian Responsibilities:-

The Environment Agency has recently written to homeowners in Framlingham next to river courses. You may have obligations to maintain the riverbank and manage vegetation to prevent flooding.

Prepare For Emergencies:- The Suffolk Prepared website offers valuable resources on emergency preparedness, including useful items to keep in an emergency grab bag and much more www.suffolkprepared.co.uk

Flood Protection Information:-

The FloodMary website has practical information on flood protection measures and how to safeguard your property. Additionally, signing up to the government's flood warning service can help you stay informed of potential flooding in our area:-

www.gov.uk/sign-up-for-flood-warnings

Applications for DEFRA's Flood Resilience Scheme Prevention grants of up to £5,000 are still welcome from those properties affected by last year's flooding.

If you need help applying please feel free to contact us and we will try to help

Local Resources for Emergencies:-

The Town Council has information sheets on how to prepare for emergencies and who to contact for various problems. Residents are welcome to pick these up from the Town Council's windowsill or give us a call if you would like us to drop one into you.

CHRISTMAS LIGHTS SWITCH ON

The loss of some Town Councillors and insufficient essential volunteers means that unfortunately last year's magnificent '*Christmas on the Hill*' event cannot be repeated on the same scale as last year.

But there will still be a Christmas event in 2024- on Saturday 23rd November from 2.30pm to 5.30pm.

Father Christmas has confirmed that he will devote a whole afternoon of his busy schedule to Framlingham and rumour has it that he may even be found walking on the castle wall around 2pm - not a sight to be missed.

To celebrate this there will be free live music on the Market Hill and free admission to Framlingham Castle and the Lanman Museum for residents of the town [with ID proof of address]; and a Charity Raffle in aid of the Framlingham Guides & Scout Groups with generous prizes donated by businesses across the town.

The afternoon will culminate with the switching on of the Christmas lights on Market Hill.

Keep an eye on our website, *Visit Framlingham* social media and notice boards for more details.

FLOOD RECOVERY & RESILIENCE GROUP

Since the events of October 2023, the town has commissioned a report on the floods. Suffolk County Council has published its Section 19 Report and a substantial amount of work has been done compiling historical information about flooding in Framlingham. The next step is to decide which of the suggested measures for minimising future risk should be prioritised.

The group's October meeting was attended by representatives of the Environment Agency, Suffolk County Council, Framlingham College and a local 'cluster' group of farmers. There was much discussion about the recently announced decision of Suffolk Wildlife Trust to hand back management of the Mere and the potential consequence of this.

Following Storm Babet, the town's emergency plan has been updated and a 'dry' run through of the new version was held on September 26th. This was successful but revealed a couple of possible flaws that need looking into.

The originally planned 2nd public meeting before Christmas has been postponed until January so that hopefully we have more answers ready for residents.

FRIENDS OF ST MICHAEL'S CHURCH



CHRISTMAS TREE FESTIVAL 2024 FRAMLINGHAM

**OPENS
10am
SATURDAY 7th
DECEMBER
with.....**

*The trees will be on show
until 4pm on Wednesday
1st January
Free entry but donations
welcome*

**FAIRTRADE COFFEE
OR TEA WITH
STUPENDOUS CAKES
Until 2pm**



**A CHURCHFUL OF
TREES DECORATED
BY LOCAL GROUPS
FESTIVE MUSIC
From
THE POP CHORUS at
approx 11am**

**HOT SOUP & ROLL
WITH CHEESEBOARD
12 noon - 2pm
~SERVED BY THE
FRAM GUIDES
TOMBOLA
VARIOUS STALLS**

**PRESENTED BY THE FRIENDS OF ST MICHAEL'S
[FOSM] in St Michael's Church, Framlingham
with thanks to our friends & supporters:-
Framlingham Town Council, Turner & Ellerby,
Ian Moore of Susan Whymark Funeral Directors,
Framlingham Girl Guides.**



**St Michael's Church is one of the
venues for the Pop Chorus' series of
Constellation concerts on**

Sat November 23rd @ 7.15pm

Tickets are £15 [u/16's £7.50] + £1 booking
fee - available from the popchorus.co.uk
website.

Taking inspiration from a starry theme,
encompassing satellites, celestial bodies and
lunar landings. this concert will feature an
eclectic blend of very special songs.

*Raising funds on the night for the Framlingham
Library's Children's Area project.*

The Friends of St Michael's Church present

A Flower Arranging
Demonstration

**'Getting Ready for Christmas
with Sheila'**

from Callendars Florist

Saturday 30th November

2.30pm

**Castle Community Rooms,
Framlingham**

Tickets £7 [£5 for FOSM members]
from Callendars Florist, The Cake Bench ,

**Including afternoon tea with
mince pies**

The arrangements made on
the day will be raffled

LATEST NEWS

Due to a very generous donation of £10,000 FOSM
was in a position to be able to put a substantial
amount towards the cost of a new boiler.

Readers may recollect that the Christmas Tree
Festival last year was held in a rather chilly church
when the boiler breathed its last gasp in the midst
of winter!!

An exciting project currently in the pipeline is the
restoration and conservation of the 400 year old
Royal Coat of Arms which was painted by a
Framlingham man to mark the Coronation of
Charles 11 in 1661 following to the Restoration of
the Monarchy in 1660.

This has been made possible by a very generous
bequest - more news on the progress of this next
time.

FOSM has also picked up the approx £4,000 tab for
some recent essential roof repairs and funded
electrical works earlier in the year; so its been a
busy time for the Friends!

BOWES PLUMBING AND HEATING

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undertaken.

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Emergency call out

FILM@FRAM at 7.30pm in the Castle Community Rooms [IP13 9BQ] on the 2nd Wednesday of the month. Doors open 7pm.

Films coming up:-

Wed 13th Nov- Vindication Swim[2024] [PG] 98 mins. Stars: Kirsten Callaghan, John Locke
Biography/Drama of Mercedes Gleitze, 1st British woman to swim the English Channel and her battle against the cold waters of the Channel and 1920's oppressive society. When a rival falsely claims to have done the same thing and is shown to be lying - Mercedes has to do a repeat performance.

Wed 11th December - Wilding [2023] [PG] 75 mins. Starring: Matthew Collyer, Rhiannon Neads, Isabella Tree
Based on Isabella's memoir of how she and her husband, Charlie Burrell, strive to breathe new life into the ailing Knepp estate which has been impoverished by over-intensive cultivation. They reintroduce native ponies, deer, pigs and other wildlife, allowing nature to thrive.

<http://mycommunitycinema.org.uk/cinemas/filmfram/>

The Film Club is primarily for members but guests and visitors are allowed. Membership £6 pa, April to March; £3 from October and £1.50 from January.
Entry contribution: Members £4 per film
Guests £6 per film

Film@Fram is sponsored by *The Crown Hotel; Callendar's Florists; Castle Cleaners; Darren Smith Fishmonger; Fram DIY; Huntingfield Estates; Leo's Deli; Riverside Garage.*

Supported by *Clarke & Simpson; Castle Community Rooms*

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Specialising in Manual Lymphatic Drainage Massage and Reflexology.

Book before Dec 20th to enjoy £10 off with this advert

www.amandasmithholistics.com
[@amandasmithholistics](https://www.instagram.com/amandasmithholistics)

07540 444196

BIG BUTTERFLY COUNT

The results of this year's count are in, and Butterfly Conservation have declared a butterfly emergency. The numbers have declined markedly and are the lowest on record, with the worst summer ever for a number of species, and no butterfly having the best year.

9,000 counts recorded no butterflies seen at all, the highest ever.



Next deadline for the Jan/Feb 2025 issue is Mon 9th December
E: stephbennell03@gmail.com

FRIDAY 1ST NOVEMBER 7.30pm
HALLOWEEN DISCO
THE CROWN HOTEL
The Best Fancy Dress costumes competition - prizes given.
£7 entry - purchase from reception.
ROB - DJ

iao East Anglian Children's Hospice

Personal Column

RACHEL SMITH -neé KNIGHTS

Rachel's family thank everyone for cards, messages and charitable donations received following her death in July at the age of just 39.

As a result of those donations a total of £10,000 has been forwarded to Addenbrooke's Charitable Trust for research into poly arteritis nodosa, a rare but serious illness suffered by her younger daughter.

The amount raised gives an indication of how well Rachel was thought of and how much she will be missed, not only by her family but also by others in the community.

Framfare can be picked up around the town including:- the Library, the Co-op, 221B Bakers, the charity shops, the church porch, the Post Office, Patricks Newsagents, Haynings Forecourt & the Co-op Forecourt, the Cake Bench, The Railway Inn etc.

WORLINGWORTH CRICKET CLUB

The cricket season for Worlingworth CC, across both our men's teams and our ladies team, drew to a close in mid-September with our end of season 'Village Hundred' and awards evening.

Off the pitch, two of our stalwarts, Jenny and Dave, have taken on helping the club improve its financial situation. Like all rural clubs money is tight, so to help they have both set up GofundMe pages, and Dave has even gone as far as putting himself forward to run a half marathon in support of the club! We will also be looking for more sponsors to go alongside our brilliant existing supporters in early 2025, so if you're curious about that do get in touch. If you'd like to donate on the GoFundMe pages just search for Worlingworth cricket club on the GofundMe website.

Speaking of 2025, despite the season drawing to a close, Worlingworth CC is still cricketing through the winter and into next year in the form of our 'Give Cricket a Go' sessions at Thomas Mills sports centre, 6:30 8pm on the following dates:

22nd November 13th December 17th January 21st
February 14th March

The sessions are open to anyone over 14 and the aim is fun, giving you chance to see what our great game is all about and get to know our players across our teams, with representatives there from all three. More details on our website worlingworthcc.co.uk
We hope to see you there!



FAIRTRADE NEWS

We have more stock arriving soon for our Top-Shelf Fairtrade Mini-Shop in the Library. Including more supplies of scrummy and ultra-fair Divine chocolate, including their new dessert bars..



There will also be a Fairtrade Stall at the Table Top Sale in the Unitarian Meeting House on **Saturday 22nd November** and at the Christmas Tree Festival opening on **Saturday 7th December**.

**FRAMLINGHAM UNITED FREE
CHURCH, RIVERSIDE, FRAMLINGHAM**
Services are held each Sunday @ 11am, led by Ministers from the Methodist and United Reformed Churches and by local preachers.

All are welcome to worship with us in the church or online.

The online link details are on our website:-
<http://www.framlinghamufc.onesuffolk.net>

Please note that the web version of *Framfare* is currently on the www.framlingham.com website

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Clarke & Simpson



ROUND & ABOUT FRAM FIREWORK EVENTS

For those missing their annual fireworks fix in Fram, a number of the surrounding villages will be holding events in November:-

Here's just a few of them:-

Kelsale - Saturday 2nd November @ 6.30 to 8pm

On the Recreation Ground.

Grundisburgh - Saturday 2nd November - gates open 4.30

fireworks 6pm. Hot food, BBQ. .On the playing field -

www.grundisburgscouts.org.uk for more info.

Leiston - Tuesday 5th November at the Sports & Social Club, King George's Avenue. Gates open 5pm - fireworks 8pm. Stocks Funfair - live music, face painting - disco after the fireworks. Bar & Hot Food. Tickets £5 per person.

Rendlesham - Sunday 3rd November - gates open 4pm fireworks at 6.30. On the Jubilee Park - food stalls - free entry.

Worlingworth - Saturday 2nd November -gates open 5.30 - display 7pm. BBQ, Bar & hot refreshments.

Adults £6.50 Child £3.50



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GREEN FINGERS TIPS

November

There is still plenty to do in the garden as winter approaches.

Plant tulips in pots and borders, covering the bulbs twice their depth.

Still time to plant daffodils if you have got behind with things.

Plant bare-rooted hedges, roses and trees.

Gather up and bin leaves from roses which have had blackspot to prevent the spores from overwintering.

Prune autumn flowering raspberries to the ground.

Plant garlic; and onions bred for autumn planting.

Broad beans bred for an autumn start can be sown now for an early crop. If mice are a problem, start them off in pots in a cold frame or sheltered spot.

Bring potted herbs such as parsley, chives and coriander indoors/undercover to continue cropping through the winter.

Mulch beds and borders with compost.

December

Wrap terracotta pots in bubble wrap and move into sheltered spot to protect damage from freezing temperatures.

Prune climbing roses between now and February.

Prune overgrown shrubs and hedging while dormant.

Start winter pruning fruit trees such as apples and pears.

[Not plums, cherries etc which need pruning in the summer].

Lift and divide clumps of rhubarb.

Pinch out tops of sweet peas in cold frame/greenhouse sown in October.

Prune blackcurrants, redcurrants, white currants and gooseberries once dormant.

Time to 'spring clean' your greenhouse.






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Tues, Thurs 9.30- 17.30

Fri 9.30 - 17.30

Sat 9.30 - 17.00

Sun 11.00 - 15.00

Closed Wednesdays

PAST CHANGES IN FRAMLINGHAM

Featuring pen and ink drawings by local artist
Bill Flemming

MANSION HOUSE ON MARKET HILL



GUILDHALL
MARKET HILL



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Mr Offord MAFHP Dip, MCFHP Dip: 0794 7971270
Hollie MAFHP Dip, MCFHP Dip: 0785 0170725

TELEPHONE 14



The above dates from sometime in the early 20th century. Note the fine pleached lime tree hedge and the telephone number. .

Originally this fine town house was owned by the Kilderby family who lived there for over 200 years.

In 1886 Stephen Starling, a draper, bought the premises converting it into a shop, adding display windows. It was subsequently owned by A.J. Wicks in the 20th century. He was a real entrepreneur, developing the shop with a large and comprehensive stock. A furniture department with a stock of carpets, linoleum and coconut matting. There were numerous other departments:- gents outfitters, drapery, dress making, ladies and children's clothes, knitting wool, silks etc.

They also had young ladies living above the shop for making and altering clothes.

Outside there were canvas awnings at the front, these were later replaced with a metal and glass structure.

It made a good shelter to wait if it rained or a place to wait for a coach going on an outing.

The shop remained in the Wicks family until the 1960's. Since then there has been a variety of shops.

BF

CITIZENS ADVICE

Citizens Advice offers help, guidance and support with independent, confidential, free advice and guidance at the point of delivery.

Drop-in appointments are available on a first-come, first served basis at
Woodbridge Library Mon 10-12
Wickham Market Resource centre
Tues 1.30 -3.30
Saxmundham Library Wed 10-12
Framlingham Library Fri 10-12

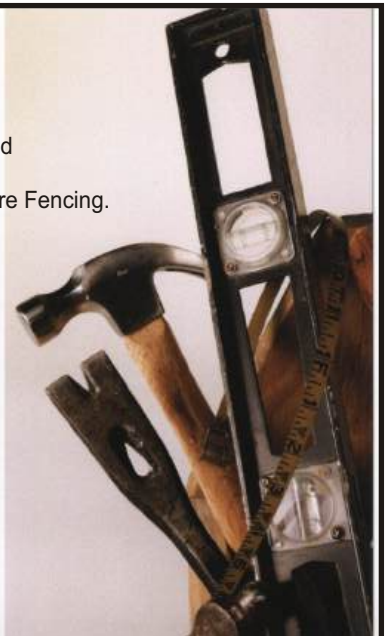
More info:-
www.leistoncab.org

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THE NOTICE BOARD

Framlingham Flower Club

Our meetings are held in the new Community Rooms, Church Street, on the 4th Tuesday of each month [except August and December] beginning at 2.30pm.

Visitors are welcome @ £5 per session [max. 3 sessions per year.]

Tues 28th Nov - demonstrator Sandra Price
Title- 'Christmas Greetings'

See website for details of upcoming meetings.

<http://framlinghamflowerclub.onesuffolk.net>

FRAMLINGHAM ART SOCIETY

Talks In the United Free Church Hall - 2nd Friday of the month 2.30pm - 4.30pm.

8th November -Sunsets & Fire

Acrylic demonstration with Jax Thurman

6th December - FAS Christmas Dinner

www.framlinghamartsociety.co.uk

Contact: Lindsay Huggins 01728 621528

Maggie Peck 01728 724161

TABLE TOP SALE

Refreshments available

Unitarian Meeting House, Framlingham

Next door to the Library in Bridge St

SAT NOV 23rd 10am - 1pm

come on down and grab a bargain

FRAMLINGHAM HISTORICAL SOCIETY

Meetings in the United Free Church @7.30pm

Wed 27th Nov - AGM - after which a film show:-

George Ewart Evans ; A Writer's Suffolk with speaker Jim Cecil

Wed 11th December 'Overpaid, Oversexed and Over Here- the USAAF in WW2 - speaker Geoffrey Kay

THE JEWELLERY STUDIO

As we move into the New Year we would like to inform our valued customers that we will be closing the retail side of the business.

After 34 years we have decided to focus on the workshop so will still be able to help with repairs, alterations and special commissions.

Our shop will remain open until Christmas Eve so if you have been eyeing a special piece or want to make any last minute purchases, now is the time. We are offering discounts on the majority of gold jewellery and some silver.

We would like to take this opportunity to thank our customers for their loyal support over the years; it has been a pleasure helping you find the perfect pieces to celebrate life's special moments.

Sarah Cole

**GREENER
FRAM**

action for a positive future

2054

Fram Visioning
Saturday 9th November,
9.30-11.30 am

Unitarian Meeting House, Bridge Street,
Framlingham.

Please come, ALL are welcome.

Come and include your ideas, dreams or
visions for Fram 2054.

Imagining what 2054 may be like together.

Then working backwards to the present.

Working out what needs to be in place to
make it happen.

**Saturday 7th December Same
place, same time,
celebrating what has been achieved.
Think Globally, but ACT locally**



Country Vision

Independent Optician

James Underwood

Optometrist

11a Market Hill, Framlingham

01728 621250

FRAMLINGHAM STREET NAMES

Mount Pleasant Estate

Apart from 'Dowsing' which is a bit of an odd man out, these street names refer to those who have been of a philanthropic turn of mind.

Kerrison Road - Sir Edward Kerrison played a large part in founding Framlingham College. He also acted as a mediator during the agricultural troubles in 1875/6 when thousands of men were locked out following a dispute over wages and hours. He refused to lock the men out on his estate. There is a fine memorial to him in the centre of the town of Eye.

Hitcham Road - a name familiar to all in Fram. Sir Robert, in his Will gave the castle and all its estates to Pembroke Hall, Cambridge, to hold in trust for the relief and education of the poor. 12 Almshouses were built in 1678.

Pryke Court - Mrs Florence Mary Anne Pryke of Selhurst in Kent died in 1961 and left her estate in the trusteeship of The Rector, Churchwardens and Parish of St Michael's for the benefit of the poor.

Pulham Court - John Pulham was a woollen draper and in 1639 left £20 to be lent to 6 poor tradesmen or young beginners. This bequest was not well-administered

Mayhew Road - William Mayhew was assistant to Thomas Mills and left money to add 2 more Almshouses to those in Station Road.

Porter Court - Richard Porter in his 1701 Will left provision for 18 twopenny loaves to be distributed to the poor weekly.

C.P Dowsing & Sons were tailors and outfitters in Double Street in the early part of the 20th century. The name does not seem to

NEXT DEADLINE

MON DEC 9th

for the January 2025 issue

Any enquiries regarding advertising availability, rates, submission of articles etc should be emailed to stephbennell03@gmail.com.

Print run is 1800

have been connected to any charitable works so its inclusion in these street names remains something of a mystery.



Sir Robert Hitchams tomb in St Michael's Church.

There is also a fine memorial on the wall for Richard Porter.

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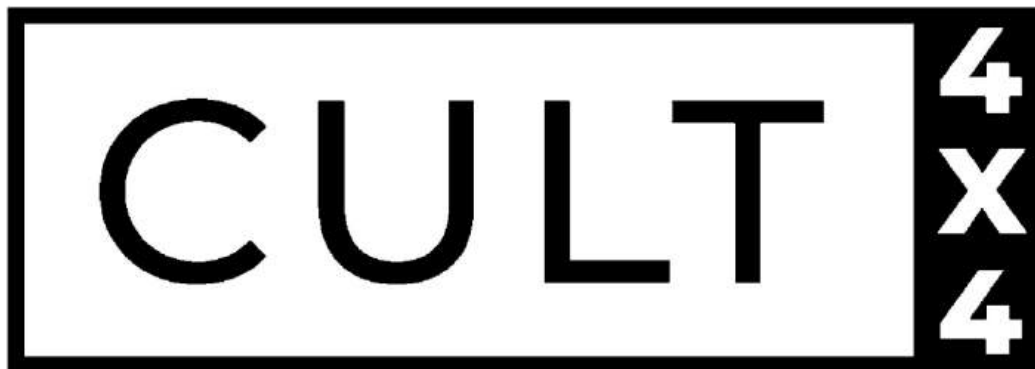
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May the light of peace shine with renewed brightness in our world and the glory of Christmas inspire each one of us to play our part in making the world a better place

Framlingham Churches Together wish you and yours a happy and holy Christmas



Christmas Church Services and Events

St Michael's Church

24 Dec	3.30 pm	Crib service	- Framlingham
	6.30 pm	Carol service	- Saxtead
	11.00 pm	Midnight Communion	- Framlingham
25 Dec	10.00 am	Family Service	- Framlingham
	10.00 am	Holy Communion	- Saxtead

St Clare's RC Church

24 December	7pm	Mass
25 December	9am	Christmas Mass

Framlingham Community Baptist Church, FAYAP Centre

22 Dec	10.45am	Nativity Play by the children
25 Dec	10am	Christmas Day short family service

United Free Church

22 December	11am	Coffee, crafts and carols for all ages
24 December	6pm	Christmas Eve Carols by Candlelight
25 December	10am	Christmas morning worship

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<p>EUROPEAN RIVER CITIES WITH DUTCH TULIPS BALMORAL 24th April 2025 • 7 Nights Sail from Southampton</p> <p>from £999 per person</p> <p>ENJOY A FREE DRINKS PACKAGE ON THIS SAILING!*</p>	<p>SCENIC WATERWAYS & CITIES OF SCANDINAVIA BALMORAL 28th May 2025 • 8 Nights Sail from Southampton</p> <p>from £1,199 per person</p> <p>ENJOY A FREE DRINKS PACKAGE ON THIS SAILING!*</p>	<p>WHALES, WATERFALLS & GEYSERS OF ICELAND BOREALIS 17th July 2025 • 12 Nights Sail from Dover</p> <p>from £1,799 per person</p> <p>ENJOY A FREE DRINKS PACKAGE ON THIS SAILING!*</p>

Full operator terms & conditions apply. Prices are per person based on two adults sharing. Prices and offers are subject to availability, change and can be withdrawn at any time. *Offer applicable to new bookings only, made from 03/09/24 to 31/10/24. Free Drinks Package offer is applicable on selected 5-to-22-night cruises sailing from the UK departing in 2024 & 2025. Exclusions apply. E&OE.

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NATURE NOTES

Two exciting events to report in this column. The first was something of a lepidopteran bucket list moment for me. I had been invited to the end of a moth survey at a site to the west of the town and several choice specimens had been saved for inspection in the morning light.

Among these was a Clifden nonpareil. It is quite a close relative of the red underwing, which can sometimes be seen resting on walls in early autumn, but is even larger: the forewing can reach 48mm in length. Unlike its cousin, the Clifden nonpareil has a mainly dark underwing with a violet-blue band across. Its preferred haunt is close to the larval food plant, which is aspen (although the binomial would suggest that it is associated with ash trees).

My book of moths refers to it as an immigrant or transitory resident, but that was published twenty years ago, so it may well be becoming more common. There are eight records for East Suffolk on the iRecord website since 2020.

The second find was a wasp spider, which I turned up while raking hay off the paddock. I had seen pictures of these, but I was surprised by its size. The female's body is almost as big as the end of my little finger.

As the name suggests, the body is striped with yellow and black but it is not a regular pattern like a wasp, the stripes varying in thickness, perhaps being more like a pale tiger. My spider book is another ten years older and says that these spiders are found near the south coast. Since then, they have obviously spread and are now quite widely reported from East Anglia.

This was, however, the first record on iRecord for my 100km² grid square (TM 36), which covers from Badingham to Yoxford, Sternfield and Parham.

There's an opportunity for someone as there haven't been any records submitted for Fram's TM 26 square.

Paul Collins

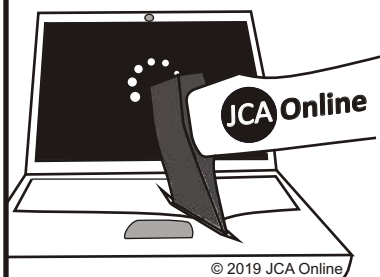


This past season was a real slugaddadon, so moles were very welcome. The expression 'don't make a mountain out of a molehill' dates from Tudor times. Moles can survive in low-oxygen environments like their tunnels for long periods as they have the ability to re-use oxygen which they have exhaled.

Their saliva contains a toxin which paralyses earthworms so they can store them for future consumption in underground larders, some of which may contain up to a100 worms.

Their breeding period is from around February to May - after about a month, they produce 3 to 5 young. They obviously make contact to mate, but otherwise

Before this gets too tempting



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WILDLIFE IN THE GARDEN Moles

Although molehills are not always left in the best place, the mole is definitely the gardener's friend. In addition to worms, of which they need about 20 a day, they also eat snails, slugs, ants and other small invertebrates in the soil.

moles are territorial, solitary creatures, and if 2 males happen to bump into each other inadvertently they will fight fiercely
SB



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Deadline for next issue [Jan/Feb]
is Monday December 9th.
Distribution by the New Year

NEW BOOK | Crinkle Crankle Walls... and other Suffolk Secrets

A5 | 135 pages | Limited edition of 999 | £15 + P&P

Author Brian M Stratton writes: "As Christmas looms on the horizon, it is perhaps time to think about presents for your loved ones, both here at home and further afield - maybe those for whom Suffolk, or East Anglia is still home, even if they are thousands of miles away.

"If you only buy one Suffolk guidebook, buy this one... Brian has a sharp eye for detail and a winning way with words..."
Matthew, Suffolk

The book makes an ideal present as it's signed, sealed and easy to deliver. Also, easy and inexpensive to post.

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This Christmas, I'll arrange a 20% discount for you and your friends and colleagues. This reduces the price to £12 [RRP £15] + P&P.

As an added bonus, I'll include a free A6 art print in every book - previously only included in Tithe editions [every tenth].

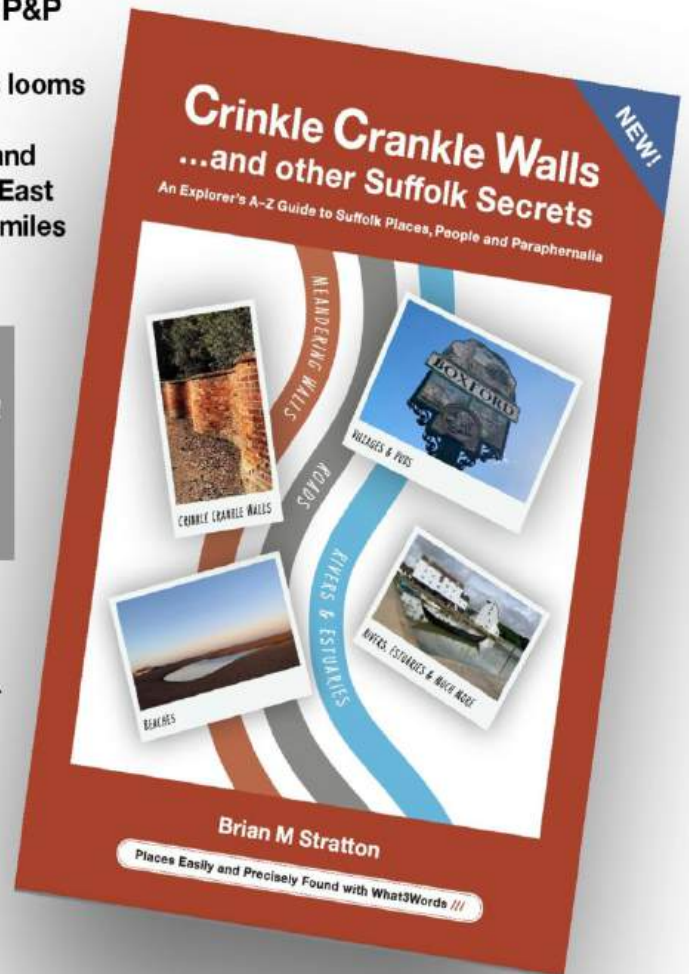
The book was published in May 2024 and is a limited edition of only 999. It's very likely to sell out by the end of this year. And once they're gone, they're gone!"

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PS By the way, this book is not just for Christmas. It makes a great birthday, anniversary or thank you gift!"



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Siobhan, Daily Mirror Features Writer